

# SHAKTI YOGA CENTER

## February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			8:45A Basic Sal	10:30A Gentle Alice	8:45A Basic Clarissa	8:45A Basic Sal 10:30A Basic Gen
			4:00P Gentle Marietta			
			5:45P Basic(2) Karen	5:45P Basic Patty	5:45P Gentle Jay	<b>5:30P Meditation(2)</b>
			7:45P Basic Maria	7:45P Gentle(1) Patty	7:45P 50/50 Clarissa	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
8:45A Basic Marietta 10:30A Gentle Nancy 12:30P Basic Nancy	10:30A Gentle Jay	10:30A Gentle Drema	8:45A Basic Sal	10:30A Gentle Alice	8:45A Basic Clarissa	8:45A Basic Sal 10:30A Basic Pam
			4:00P Gentle Marietta			
	5:45P Basic Marietta	5:45P Gentle Gen	5:45P Basic(2) Karen	5:45P Basic Patty	5:45P Gentle Jay	<b>5:30P Meditation(2)</b>
	7:45P Gentle Nancy	7:45P Basic Marietta	7:45P Basic Maria	7:45P Gentle Patty	7:45P 50/50 Clarissa	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
8:45A Basic Donna 10:30A Gentle Nancy 12:30P Basic Pam	10:30A Gentle Jay	10:30A Gentle Drema	8:45A Basic Sal	10:30A Gentle Alice	8:45A Basic Clarissa	8:45A Basic Sal 10:30A Basic Marietta
			4:00P Gentle Marietta			
	5:45P Basic Marietta	5:45P Gentle Gen	5:45P Basic(2) Karen	5:45P Basic Sal	5:45P Gentle Jay	<b>5:30P Meditation(2) CXL</b>
	7:45P Gentle Nancy	7:45P Basic Marietta	7:45P Basic Maria	7:45P Gentle Sal	7:45P 50/50 Clarissa	<b>8:00P Kirtan (4) See flyer</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
8:45A Basic Marietta 10:30A Gentle Nancy 12:30P Basic Nancy	10:30A Gentle Jay	10:30A Gentle Drema	8:45A Basic Sal	10:30A Gentle Alice	8:45A Basic Clarissa	8:45A Basic Sal 10:30A Basic Pam
			4:00P Gentle Marietta			2:45P <b>Workshop(5) See Flyer</b>
	5:45P Basic Marietta	5:45P Gentle Gen	5:45P Basic(2) Marietta	5:45P Basic Patty	5:45P Gentle Joan	<b>5:30P Guru Gita (3)</b>
	7:45P Gentle Nancy	7:45P Basic Marietta	7:45P Basic Maria	7:45P Gentle Patty	7:45P 50/50 Clarissa	
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	(1). Free Intro class for new students - 1st Thursday of month (2). Free community meditation/satsang (cxld on holiday weekends) (3). Guru Gita chant - last Saturday of every month - text required (4.) Kirtan celebrating Marietta's & Jim's Engagement (See flyer) (5). Yoga for Health and Healing Workshop with Drema (See flyer)		
8:45A Basic Joan 10:30A Gentle Nancy 12:30P Basic Pam	10:30A Gentle Jay	10:30A Gentle Drema	8:45A Basic Sal			
			4:00P Gentle Marietta			
	5:45P Basic Marietta	5:45P Gentle Gen	5:45P Basic(2) Karen			
	7:45P Gentle Nancy	7:45P Basic Marietta	7:45P Basic Maria			

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This schedule is also posted at [www.shaktiyoga.com](http://www.shaktiyoga.com). For last minute changes, check our "yoga phone."